

Seed Starting Calendar

When to start, transplant and sow 57 crops, in weeks from your last frost date

ORGANIC BACKYARD GARDENING

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All weeks count from your average last spring frost date. Write yours here: _____ (look it up by ZIP code at planmygarden.com/frost-dates). "n/a" means that crop is not normally started that way. The online calendar turns these weeks into dates for your frost date.

CROP	START SEED INDOORS	TRANSPLANT OUTDOORS	DIRECT SOW OUTDOORS	DAYS TO MATURITY
Arugula	n/a	n/a	8 wks before to 4 wks after	40
Basil	5 to 4 wks before	3 wks after	n/a	60
Beans	n/a	n/a	1 to 3 wks after	60
Beets	n/a	n/a	8 wks before to 4 wks after	55
Bok Choy	4 to 2 wks before	1 wk before to at last frost	4 wks before	45
Broccoli	8 to 6 wks before	4 to 2 wks before	n/a	80
Brussel Sprouts	8 to 6 wks before	4 to 2 wks before	n/a	100
Butternut Squash	2 to 1 wks before	2 to 3 wks after	n/a	100
Cabbage	8 to 6 wks before	4 to 2 wks before	n/a	70
Calendula	6 to 4 wks before	2 wks before to at last frost	2 wks before to at last frost	50
Cantaloupe	2 to 1 wks before	2 to 3 wks after	n/a	85
Carrots	n/a	n/a	3 to 2 wks before	70
Cauliflower	6 to 4 wks before	1 wk before to 1 wk after	n/a	75
Celery	10 to 8 wks before	1 to 3 wks after	n/a	120
Chives	12 to 10 wks before	1 to 2 wks after	n/a	90
Cilantro	n/a	n/a	4 to 1 wks before	50
Collards	10 to 8 wks before	4 to 2 wks before	n/a	60
Corn	4 to 2 wks before	1 to 2 wks after	n/a	75
Cosmos	4 to 3 wks before	at last frost to 2 wks after	at last frost to 2 wks after	60
Cucumber	3 to 1 wks before	2 to 3 wks after	n/a	60
Dill	n/a	n/a	8 wks before to 4 wks after	55
Eggplant	7 to 6 wks before	2 to 3 wks after	n/a	70
Garlic	n/a	n/a	12 wks before	240
Kale	10 to 8 wks before	4 to 2 wks before	n/a	55
Kohlrabi	n/a	n/a	6 to 4 wks before	55
Lavender	12 to 10 wks before	at last frost to 2 wks after	n/a	90
Lettuce	8 to 6 wks before	4 to 3 wks before	n/a	45
Marigolds	6 to 4 wks before	at last frost to 1 wk after	at last frost to 1 wk after	50
Melons	2 to 1 wks before	2 to 3 wks after	n/a	85
Mint	n/a	at last frost to 2 wks after	n/a	90
Nasturtiums	4 to 3 wks before	at last frost to 1 wk after	at last frost to 1 wk after	55
Okra	4 to 2 wks before	1 to 2 wks after	n/a	55
Onion	12 to 11 wks before	4 to 2 wks before	n/a	100
Oregano	10 to 8 wks before	1 to 2 wks after	n/a	80
Parsley	10 to 8 wks before	1 to 2 wks after	n/a	70
Peas	n/a	n/a	8 wks before to 2 wks after	65
Pepper	6 wks before	2 to 3 wks after	n/a	75
Pole Beans	n/a	n/a	1 to 3 wks after	65
Potatoes	n/a	n/a	2 to 1 wks before	90
Pumpkin	2 to 1 wks before	2 wks after	n/a	100
Radish	n/a	n/a	8 wks before to 4 wks after	25
Rosemary	12 to 10 wks before	1 to 2 wks after	n/a	80
Sage	8 to 6 wks before	1 to 2 wks after	n/a	75
Scallions	10 to 8 wks before	4 to 2 wks before	n/a	60
Spaghetti Squash	2 to 1 wks before	2 to 3 wks after	n/a	90
Spinach	n/a	n/a	8 to 1 wks before	40
Strawberry	n/a	n/a	5 wks before to 3 wks after	365
Sunflowers	n/a	n/a	at last frost to 2 wks after	70
Swiss Chard	8 to 6 wks before	2 wks before	n/a	55
Thyme	10 to 8 wks before	1 to 2 wks after	n/a	90
Tomatillos	8 to 6 wks before	1 to 2 wks after	n/a	75
Tomato	5 to 3 wks before	2 to 3 wks after	n/a	80
Turnip	n/a	n/a	4 to 2 wks before	50
Watermelon	2 to 1 wks before	1 to 2 wks after	1 to 2 wks after	80
Yellow Squash	2 to 1 wks before	2 to 3 wks after	n/a	55
Zinnias	4 to 3 wks before	at last frost to 2 wks after	at last frost to 2 wks after	60
Zucchini	2 to 1 wks before	2 to 3 wks after	n/a	55

Source and updates: organicbackyardgardening.com/seed-starting-calendar-by-last-frost-date

Plan a whole bed for your frost date, free: planmygarden.com